A F T E R N O O N T E A M E N U

SERVED EVERY DAY FROM 2PM-8PM

140 QR

HISTORY OF AFTERNOON TEA

"There are few hours in life more agreeable than the hour dedicated to the Ceremony known as afternoon tea."

HENRY JAMES

Afternoon tea, that most quintessential of English custom is, perhaps surprisingly, a relatively new tradition. Whilst the custom of drinking tea dates back to the third millennium BC in China and was popularized in England during the 1660s by King Charles II and his wife the Portuguese Infanta Catherine de Braganza, it was not until the mid-17th century that the concept of 'afternoon tea' first appeared.

Afternoon tea was introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840. The Duchess would become hungry around four o'clock in the afternoon.

The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between

lunch and dinner. The Duchess asked that a tray of tea, bread and butter as well as the cake be brought to her room during the late afternoon. This became a habit of hers and she began inviting friends to join her.

This pause for tea became a fashionable social event. During the 1880's upper-class and society women would change into long gowns, gloves and hats for their afternoon tea which was usually served in the drawing room between four and five o'clock

TRADITIONAL AFTERNOON TEA

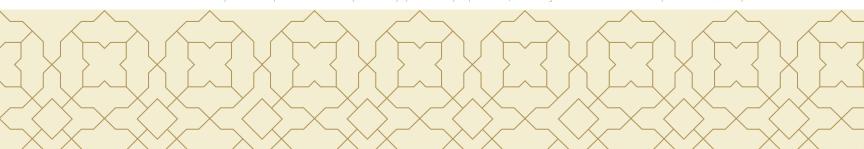
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Our Traditional Afternoon Tea consist of finger Sandwiches, Savory bites, scones, pastries Accompanied with a wide variety of our JING TEA

AFTERNOON TEA BUFFET

79

Afternoon Tea buffet consist of Savory sandwiches, Pastries, Croissants, Danish, Scones Accompanies of Unlimited Coffee and Tea



🕲 B R E A K F A S T À L A C A R T E

E V E R Y D A Y 6 A M - 11 A M

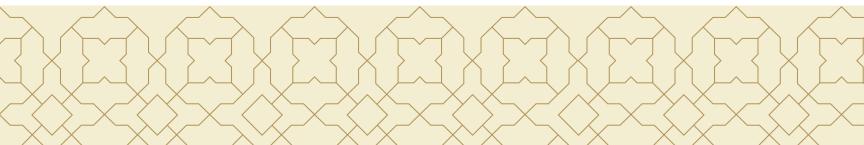
PASTRY BASKET Assorted Croissant and Danish	35	FRUIT SALAD Fresh seasonal cut fruits	50
TWO FREE RANGE EGG Sunny Side up style served with veal bacon, Veal sausage, hash brown, sauteed mushroom	65	BIRCHER MUESLI Served with green apple, berries, walnuts Oatmeal and raisin	45
Grilled tomatoes and asparagus CLASSIC OMELETTE	65	HUMMUS (v) Chick pea spread served with Arabic Bread	45
Served with your Choice of • Diced Shallots • Veal Bacon		LABNEH Soft goat's cheese served with Arabic Bread	45
MushroomsTomatoesCheese		FOUL MOUDAMAS (v) Broad beans stew with chili, garlic, onion,	50
EGG BENEDICT Smoked turkey ham, spinach, poached egg	75	tomato and olive oil	
Toasted English muffin and hollandaise sauce		GRILLED HALLOUMI CHEESE Cucumber, toasted tomato, coriander relish	50
WAFFLE Buttermilk waffle crisp served with Light cream, Nutella and maple syrup	50	and warm pita bread	
		SHASHOUKA EGGS Tomato, onion, parsley, smoked peppers	55
PANCAKE Light fluffy pancake served with Maple syrup SEASONAL	50	served with Arabic bread	



🕲 LIGHT BITES

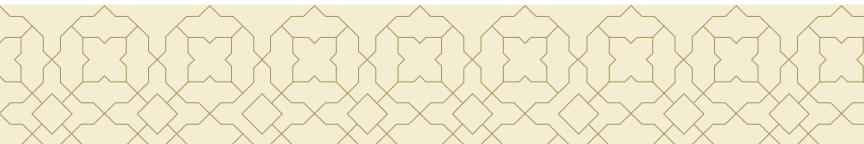
E V E R Y D A Y 11 A M - 10 P M

APPETISER		AVOCADO SALAD Super CONSERT	60
BEEF CARPACCIO Peppered Bononcini, Datterino tomatoes,	80	Lettuce, avocado, romaine heart served With cintroette sauce	
Shaved parmesan, smoked Malden salt COLD MEZZEH PLATTER (n) (v)	70	SMOKED SALMON ROCKET Poached salmon salad with coriander	75
Warakenab, mountable, hummus, Babaghanouj, tabbouleh served with Arabic bread		CHICKEN CEASAR SALAD Romaine hearts, served parmesan,	60
HOT MEZZEH PLATTER (n)	70	croutons Anchovies, grilled chicken	
Cheese sambousek, spinach fatayer, Meat kibbeh and lam samosa		SOUP	
SALAD		LENTIL SOUP Served with croutons and lemon wedge	50
GREEK SALAD Supercook: Lettuce, green pepperoni, cucumber, fennel Celery and feta cheese	50	ONION SOUP Blonde onions served with toast cheese	55
CAPRESE SALAD (v) Super CONTROL Buffalo mozzarella, beef tomatoes And basil oil	65		



🕲 LIGHT BITES

SANDWICHES		PIZZA	
ALL SERVED WITH FRIES AND MIX SALAD		MARGARITA	50
CHICKEN CLUB SANDWICH	65	Tomato Sauce, Mozzarella and Basil	
Fillet of grilled chicken, beef bacon, tomato		QUATTRO STAGIONI	60
Lettuce, fried egg, cheese, mayonnaise Tomatoes		Tomato Sauce, mozzarella, mushroom,	
GRILLED CHICKEN SANDWICH	65	black olives, artichokes, turkey, oregano	
Slices of grilled chicken with avocado,		GRILLED CHICKEN SupercodeRx	75
Rocket leaves and sundried tomato pesto		Tomato Sauce, Mozzarella, Grilled chicken,	
In a ciabatta bread		red cabbage, yogurt and spices	
CHICKEN SHAWARMA	65		
Saj bread, gherkins, garlic sauce and tomato			
ALL NATURAL TURKEY BLT Super COURTS	65		
Grilled turkey bacon, baby gem lettuce,			
Semi dried Roma tomatoes, whole grain bread			
And lemon mustard aioli			



🕲 LIGHT BITES

PASTA		VEGGIE VERGER SuperfoodsRc	60
CHICKEN AND MUSHROOM PENNE Chicken, mushroom, beef bacon, tomatoes In cream	85	Vegetarian burger made with carrots, potatoes, beans, lettuce, tomato and hummus	
FETTUCINO BOLOGNESES	85	and served on at bread	
Tomato Sauce with beef and mix Vegetable		MUSHROOM AND HUMMUS Super COURT	50
TAGLIATELLE VEGETABLE Super CONSTRUCT	70	Pleurotes mushrooms grilled with garlic Persil, extra virgin oil, served with Arabic bread	
Tomato sauce with zucchini, eggplant, leeks And pepper coulis		CROQUE MONSIEUR	60
ANGUS BEEF BURGER	70	Turkey Ham and melted cheese on toasted bread	
Angus beef patty, grilled onion, tomatoes			
Lettuce and gherkins			

🕲 B E V E R A G E S

JING DEFINITIVE TEA EXPERIENCE

BLACK BLENDS 30 GREEN TEAS 30

JING EARL GREY

On the Nose- subtle and light, brightened with citrus freshness. On the Palate- refreshing and bright, with lifted citrus charm freshening the structured tenacity of the Ceylon leaf. A perfectly focused classic.

ENGLISH BREAKFAST

On the Nose- comforting and full, tangy and malty, with an almost treacly. raisiny depth for extra nourishment. On the Palate- statuesque and broad, with plenty of grip and structure and rich finishing flavours of malt.

DARJEELING 2ND FLUSH, OKAYTI ESTATE

On the Nose- rounded and warm, with pretty notes of Muscatel grape, hop and fresh citrus. On the Palate-Light, crisp and refreshing, with graceful citrus lift. Fresh, faintly minty aftertaste, and a soft but ample mouthfeel.

SENCHA

On the Nose- creamy. sweet, fresh and grassy. 30 On the Palate- sweet and refreshing with a satisfying. thick texture.

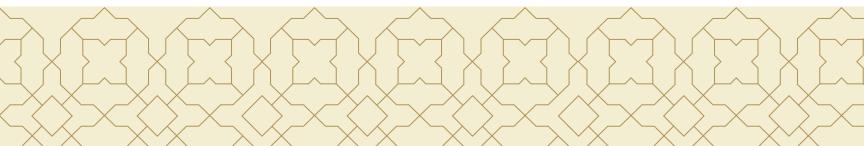
JASMINE PEARLS

On the Nose- light, clean and fresh with enchanting hints of Jasmine. On the Palate- soft and quenching. with light, graceful textures gently perfumed Jasmine.

OOLONGS 40

YFLLOW GOLD

On the Nose- rich straw-like scents with a subtle lime-flower back-fragrance. On the Palate- light, summery flavours hinting at celery and fennel with a sappy finish.





WHITE TEAS 35 HERBAL TEAS 30

SILVER NEEDLE

On the Nose- subtle, delicate scents with honeyed sweetness and gentle melon fruits. On the Palate- light, delicate quenching flavours underpinned by cucumber and melon freshness yet surprisingly full-textured with a satisfying velvety finish.

WHITE PEONY

n the Nose- fresh honeyed sweetness with fruit and vegetable notes. On the Palate- delightfully refreshing, rounded and full in flavour, with hints of cucumber and melon.

FLAVORED TEAS 30

FLOWERING JASMINE ARCH

On the Nose- subtle, creamy jasmine charm. On the Palate- a soft, supple, teasing, gently fresh jasmine.

LYCHEE RED

On the Nose- sweet and lychee notes. On the Palate- sweet and scented refreshing lychee flavors.

VANILLA BLACK

On the Nose- sumptuous, moistly ripe vanilla with a soft, raisin-sweet edge. On the Palate- dark vanilla notes of roundness and charm, supported by a discreet, soft but full-textured black tea base. The overall effect is creamy and sumptuous.

WHOLE CHAMOMILE FLOWERS

On the Nose- bright, soft and floral, full and mellow. On the Palate- full, mellow floral depths with soft, refreshingly bitter vegetal complexities in the finish.

I FMON VFRBENA

On the Nose- light, graceful yet penetrating, the lemon backed by an almost piney richness. On the Palate-fresh and vivid with mint-like freshness and pressed lemon zest pungency. Softer, grassier notes to finish.

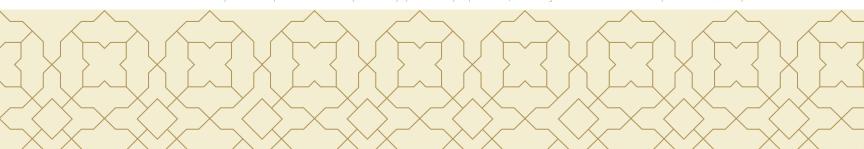
PEPPERMINT LEAF

On the Nose- powerful, dramatic yet soothing peppermint scents of cleansing purity. On the Palate- insistent, deep, grippy mint flavours with an almost oily mid-palate, subsiding cleanly towards an intensely perfumed finish.

LEMONGRASS AND GINGER

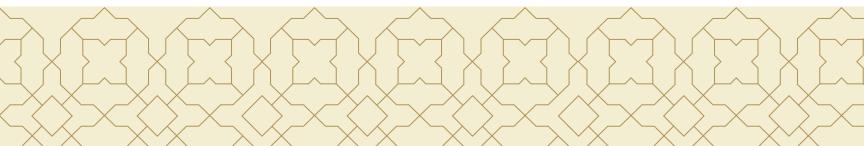
On the Nose- cleansing aromatic spice with a refreshing citrus edge. On the Palate- warm and aromatic with bright citrus overtones.

MORROCAN MINT



🕲 B E V E R AGES

ICED TEA	30	COFFEE SELECTION	
LEMONGRASS INFUSED ICED TEA		Espresso	25
Freshly infused lemongrass with touch of sweetness		Espresso Macchiato	25
GINGER MINT ICE TEA		Double Espresso	30
Oriental Mix of refreshing ginger mint		Cappuccino	30
STRAWBERRY ICE TEA		Caf Latte	30
Fruity flavored and tea blends		American Coffee	30
ICED COFFEE		Turkish Coffee	30
ICED COFFEE CARAMEL	35	Hot Chocolate	30
Coffee with vanilla ice cream, milk and caramel		Almond and Date Cappuccino	35
AFOGGATO	35	Maple & Strawberry Cappuccino	35
Scoop of Vanilla ice cream and Espresso		Caramel Latte	35
VIENNA COFFE	35	MILK SHAKE	35
Blend chilled Espresso, cream, chocolate		Chocolate Milk Shake	
And cinnamon powder		Vanilla Milk Shake	
FRESH JUICES	30	Strawberry Milk Shake	
Orange Juice, Green Apple, Carrot Juice		Berries Milk Shakes	
Lemon and Mint, Lemonade			



🕲 B E V E R AGES

SOFT DRINKS		MOCKTAIL	
Coca Cola, Diet Coke, Fanta, Sprite Tonic, Soda, Bitter Lemon, Ginger Ale	25 30	LYCHEE COOLER Lychee, Lemon, blue curacao and lemonade	35
Red Bull IMPORTED MINERAL WATERS	30	BANANA BERRY DELIGHT Banana, Yogurt, Berries, Soya Milk	35
STILL		ENERGY BOOST	35
Evian, France (small)	25	Green Apple, Celery, Carrot and Cucumber	
Evian, France (large)	35	BERRIES CITRUS	35
Acqua Panna, Italy (small)	25	Mix of Seasonal Berries, Honey and Orange	00
Acqua Panna, Italy (large)	35	Mix of Seasonat Berries, Froncy and Grange	
SPARKLING			
Badoit, France (small)	25		
Badoit, France (large)	35		
Perrier, France (small)	25		
Perrier, France (large)	35		

